

CAMP INFORMATION FORM

- This is a suggested list only – Leaders or older Guides can insert quantities
- This form is designed to help Guides **pack their own bags**.
- **All items must be clearly marked with owner's name.**
- Personal medication is to be named and **lodged with the first aider upon arrival** at camp.
- All sweets will be considered a gift to be shared among all participants - not be kept by individuals
- It is suggested that Guides bring to camp a maximum of \$ ___N/A___ pocket money
- The will have the option to spend their money on:



QTY

Bedding

Sleeping bag and

Inner sheet

A blanket

Clothes

Bottoms - Track pants, shorts or leggings (if warm enough)

Tops - T-shirts & long sleeved top

Jumpers - woollen jumper or girl guide jumper

Waterproof coat (Long with hood or hat) - *essential in all weather*

Under clothes

Socks

Hankies (no tissues)

Warm pyjamas or tracksuit

Shoes

Sneakers

Extra shoes (not sandals)

Thongs for the shower only

Gumboots

Hats

Beanie

Sunhat

Bathroom Items

showers optional

Soap

Washer

Towel

Hairbrush / Comb

Tooth brush & paste (in waterproof bag)

Sanitary Pads (if required)



QTY

Personal First Aid Kit

Band-aids

Sunscreen (no aerosol cans or glass bottles)

Insect Repellent (no aerosol cans or glass bottles)

Chap Stick

Throat Lozenges

Other Items

Hike Day Pack

Hike Ground Sheet

Drink Bottle

Head Lamp

Torch & spare batteries

Tea Towel

Book to read

Notebook and Pencil / pen

Bag for dirty clothes

Optional Extras

Sunglasses

Camera

If sleeping in a tent also bring . . .

Small pillow

Mattress or sleeping mat

Waterproof ground sheet (at least 1m X 2m)

String for gadgets

4 meters of cord for bed roll

Plate / Dilly Bag

Mug

Spoon

Dish cloth

Plate

Knife

T-Towel

Bowl

Fork