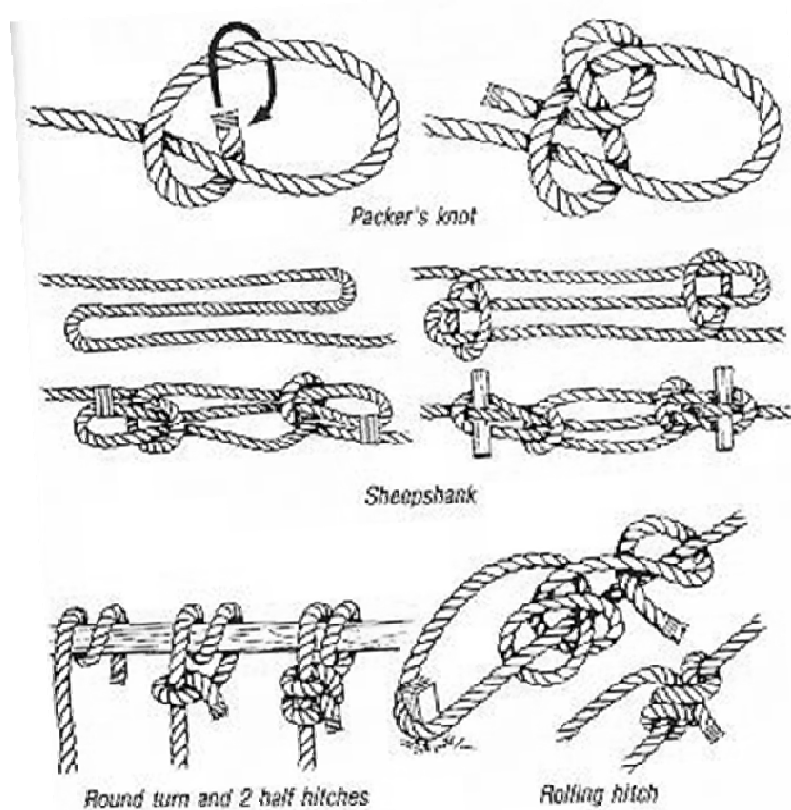
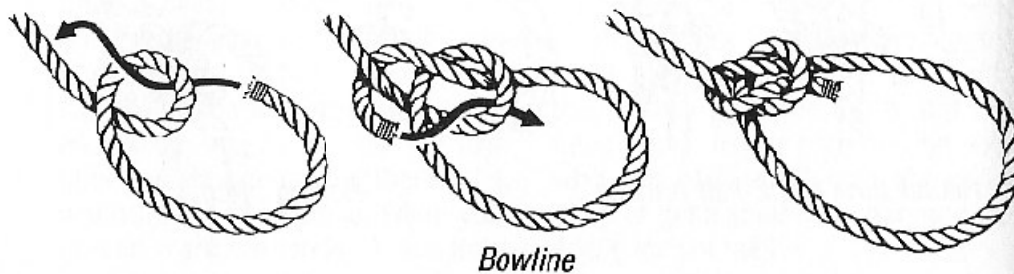
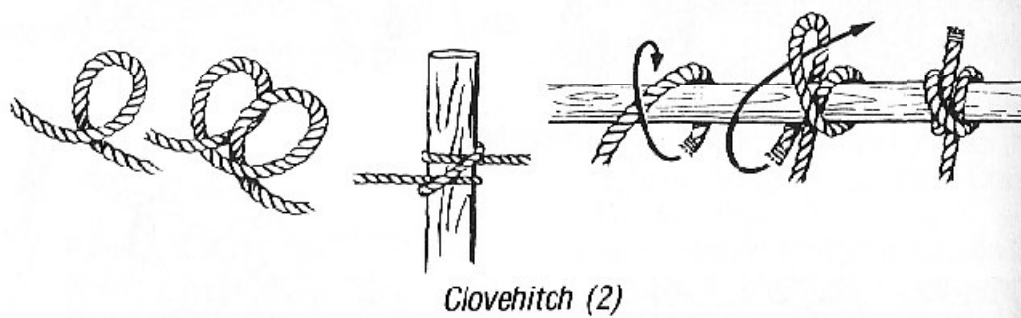
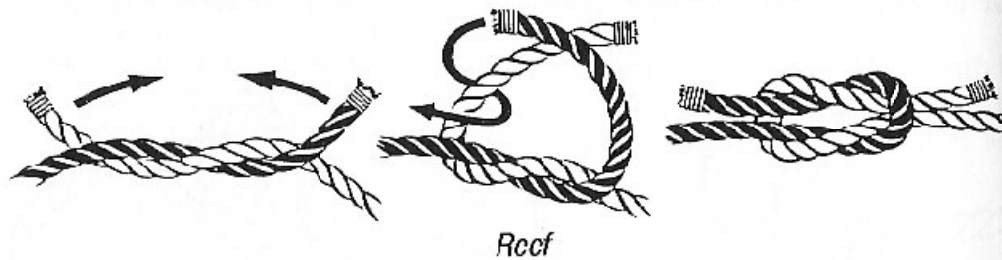


OUTDOOR PROGRAM IDEAS

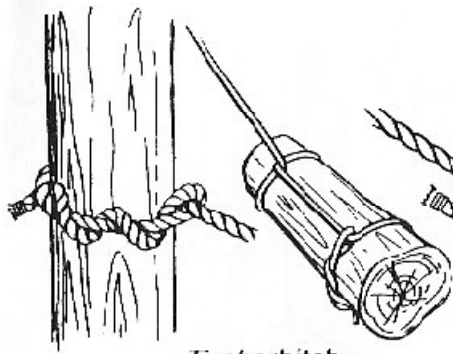
Knot Relay

- This is a fun way to practice knots learned in preparation for camp or just to practice!
- Teach the girls some knots first, or if they already know them have a quick refresher
- Then have patrols line up at one end of the hall (or outside)
- Check for obstacles / dangers
- Leader calls out a knot and the first Guide from each patrol runs up to her to tie it and show it
- Leader says if it is correct and then Guide runs back
- The first to get back gets a point for her patrol
- Repeat so everyone gets a turn
- You can also play this to practice square lashing – the first girl puts on the clove hitch and shows that to the leader – the second does the unders and overs – the third does the frapping – the fourth does the reef knot – first team to finish wins – leader can also check to make sure it's tight and neat if there are more girls who need a turn.

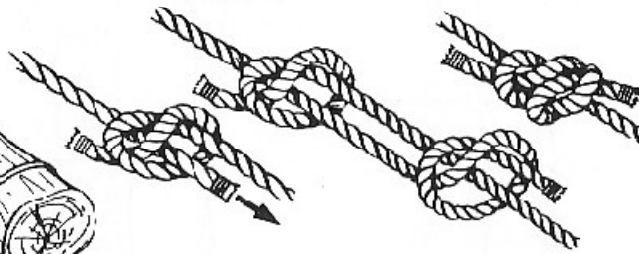




Bartlett, Linley, 1991, *Australian Guide Handbook*, Girl Guides Association of Australia Inc.

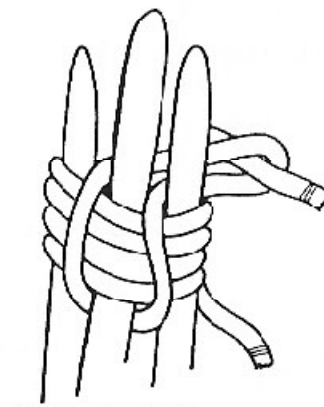
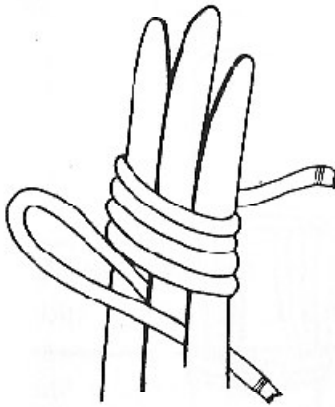


Timberhitch

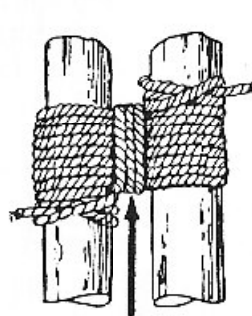
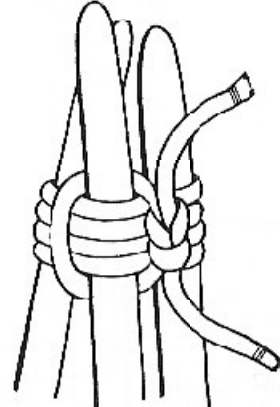


Fisherman's

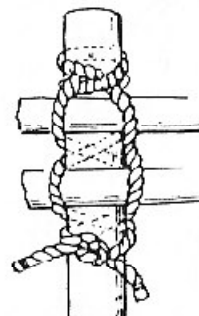
Lashings



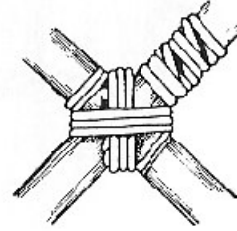
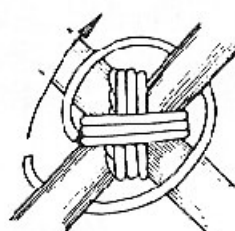
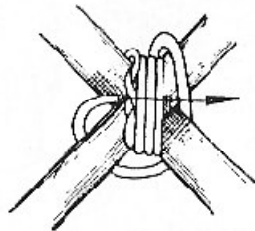
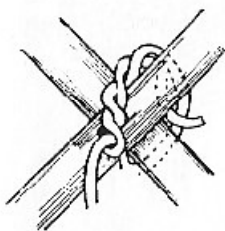
Tripod lashing



Sheer lashing

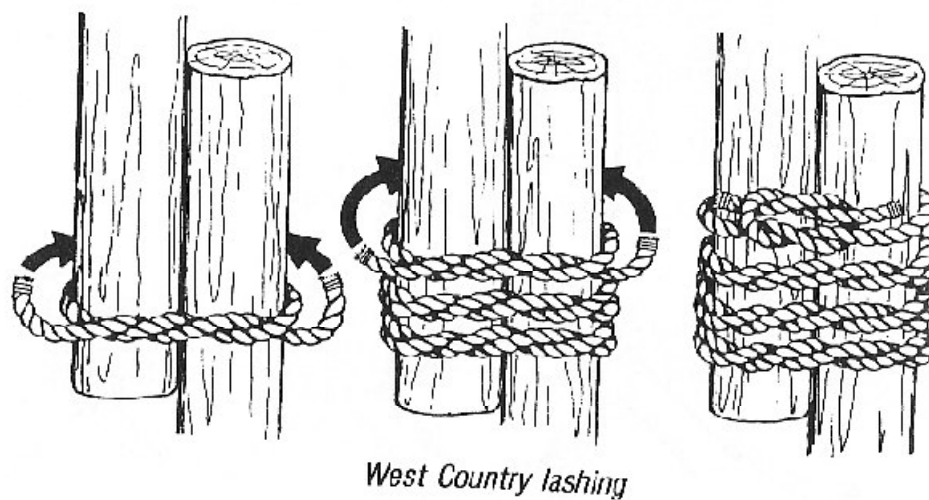
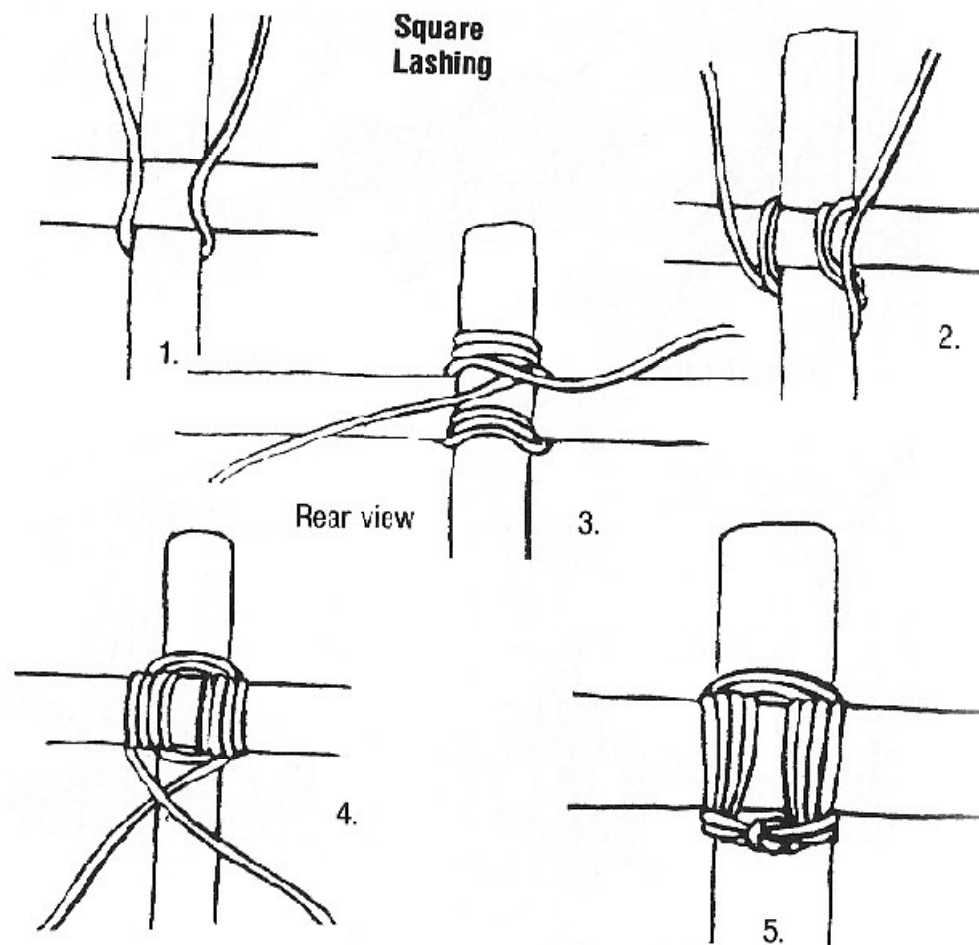


Snake lashing



Diagonal lashing

Bartlett, Linley, 1991, *Australian Guide Handbook*, Girl Guides Association of Australia Inc.



Bartlett, Linley, 1991, *Australian Guide Handbook*, Girl Guides Association of Australia Inc.