

KINGSTON DISTRICT GIRL GUIDES

'THE DREAMING' OUTDOOR CAMP

KIT LIST

TRAVEL BAG LARGE ENOUGH TO CARRY EVERYTHING LISTED BELOW EXCEPT BEDDING ROLL – **NO SUITCASES**

GUIDE SHOULD PACK THEIR OWN BAG AND BE ABLE TO CARRY EVERYTHING HERSELF

**** PLEASE BRING 2 PIECES of FRUIT and PICNIC TEA for FRIDAY NIGHT ****

NO MOBILE PHONES OR DEVICES

CAMP UNIFORM - to be worn to and from camp

Blue Shorts/jeans/tracksuit pants
Blue Polo Shirt (no badges/sash - they get lost!)
Blue jumper/windcheater
Closed-in shoes

EXTRA CLOTHING

1 spare jeans or track pants (only 1 needed)
1 T shirt or skivvy
1 jumper
1 spare shoes (eg sneakers - no sandals)
2 pr socks
2 sets underwear
1 PJ's or tracksuit for sleeping
Beanie or Camp Hat
Waterproof & Warm Coat with hat or hood (essential)
At least 6 Freezer Bags (medium/large)

Clothing for Caving :

OLD clothes with long legs and arms that can get dirty
Shoes that have some tread (eg sneakers)
Gloves and kneepads are useful

EQUIPMENT FOR BEDDING ROLL

Aerobic mat
Sleeping Bag
Small old blanket
Small pillow
Groundsheet (1.5 x 2.2 approx, no smaller, and not much bigger)
Camp Blanket
Gadget cord - 6 metres, 4mm cotton or nylon cord.

OTHER EQUIPMENT

Head Torch or working torch (essential) + spare batteries (not rechargeable)
Sunscreen & Insect repellent (roll on or cream - no aerosols)
Notebook and pencil
Small Hike backpack (to take on bus with Friday dinner & for caving)

TOILETRIES

Soap, washer, toothbrush, toothpaste, hair brush/comb, deodorant
Sanitary Items (if required)
1 Towel (in plastic bag)
Plastic bag for dirty clothes

MESS KIT (Dilly Bag) - all items to be unbreakable, **named** and brought in drawstring bag

1 Large plate, 1 Small plate, 1 Cereal bowl, 1 Mug, 1 Knife, fork and spoon
2 Tea towels
Oven glove
Sit-upon (plastic square)
Water bottle



