

# CAMP INFORMATION FORM

- This is a suggested list only – Leaders can insert and older Guides can work out quantities
- This form is designed to help Guides **pack their own bags**.
- **All items must be clearly marked with owner's name.**
- Personal medication is to be named and **lodged with the first aider upon arrival** at camp.
- All sweets will be considered a gift to be shared among all participants - not be kept by individuals
- It is suggested that Guides bring to camp a maximum of \$ 0 .        pocket money
- The will have the option to spend their money on: .....



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## Bedding

Sleeping bag and  
Inner sheet  
A blanket

## Clothes

Bottoms - Jeans, slacks, track pants, shorts  
Tops - T-shirts, shirts, skivvies  
Jumpers - woollen jumper, wool bush jacket, windcheater  
Waterproof coat (Long with hood or hat) - *essential in all weather*  
Under clothes  
Socks  
Hankies (no tissues)  
Warm pyjamas or tracksuit

## Shoes

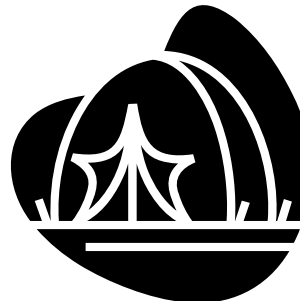
Sneakers  
Extra shoes(not sandals)  
Thongs for the shower only  
Gumboots

## Hats

Beanie  
Sunhat

## Bathroom Items

Soap  
Washer  
Towel  
Hairbrush / Comb  
Tooth brush & paste (in waterproof bag)  
Sanitary Pads (if required)



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## Personal First Aid Kit

Band-aids  
Sunscreen (no aerosol cans or glass bottles)  
Insect Repellent (no aerosol cans or glass bottles)  
Chap Stick  
Throat Lozenges

## Other Items

Hike Day Pack

Drink Bottle

Torch & spare batteries  
Tea Towel  
Book to read  
Notebook and Pencil / pen  
Bag for dirty clothes

## Optional Extras

Sunglasses  
Camera

## ***If sleeping in a tent also bring . . .***

Small pillow  
Mattress or sleeping mat  
Waterproof ground sheet (at least 1m X 2m)  
String for gadgets  
4 meters of cord for bed roll  
Plate / Dilly Bag

Mug

Plate

Bowl

Spoon

Knife

Fork

Dish-cloth

T-Towel